

### is pleased to present to



# Hope is Close to Home

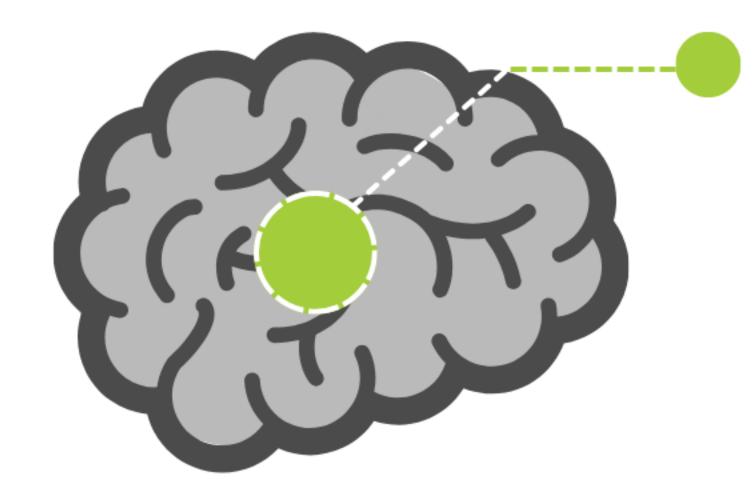
Information about Parkinson's Disease & Support Available







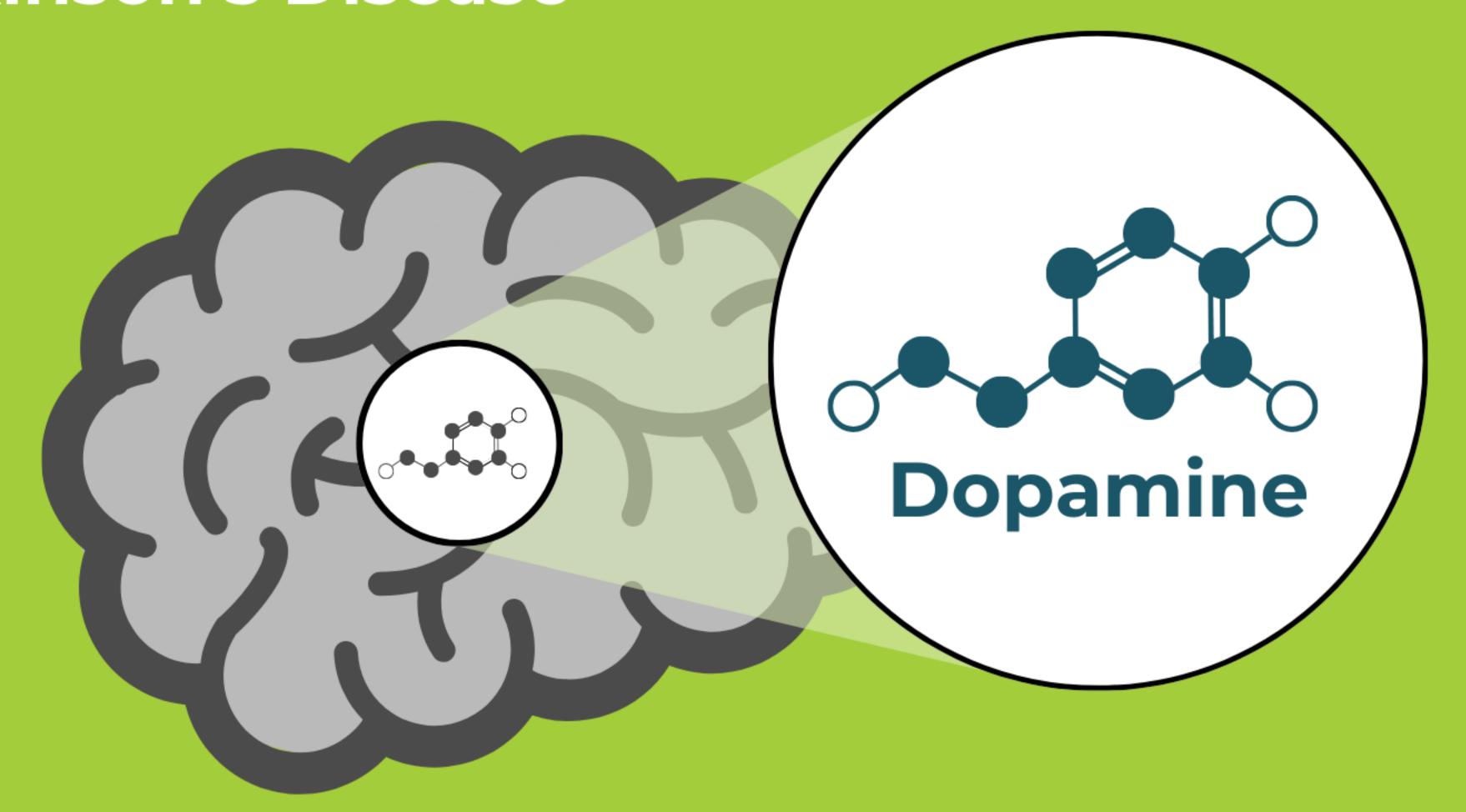
#### Parkinson's Disease



Parkinson's is a progressive, degenerative, neurological disorder caused by the loss of neurotransmitter, dopamine.



#### Parkinson's Disease



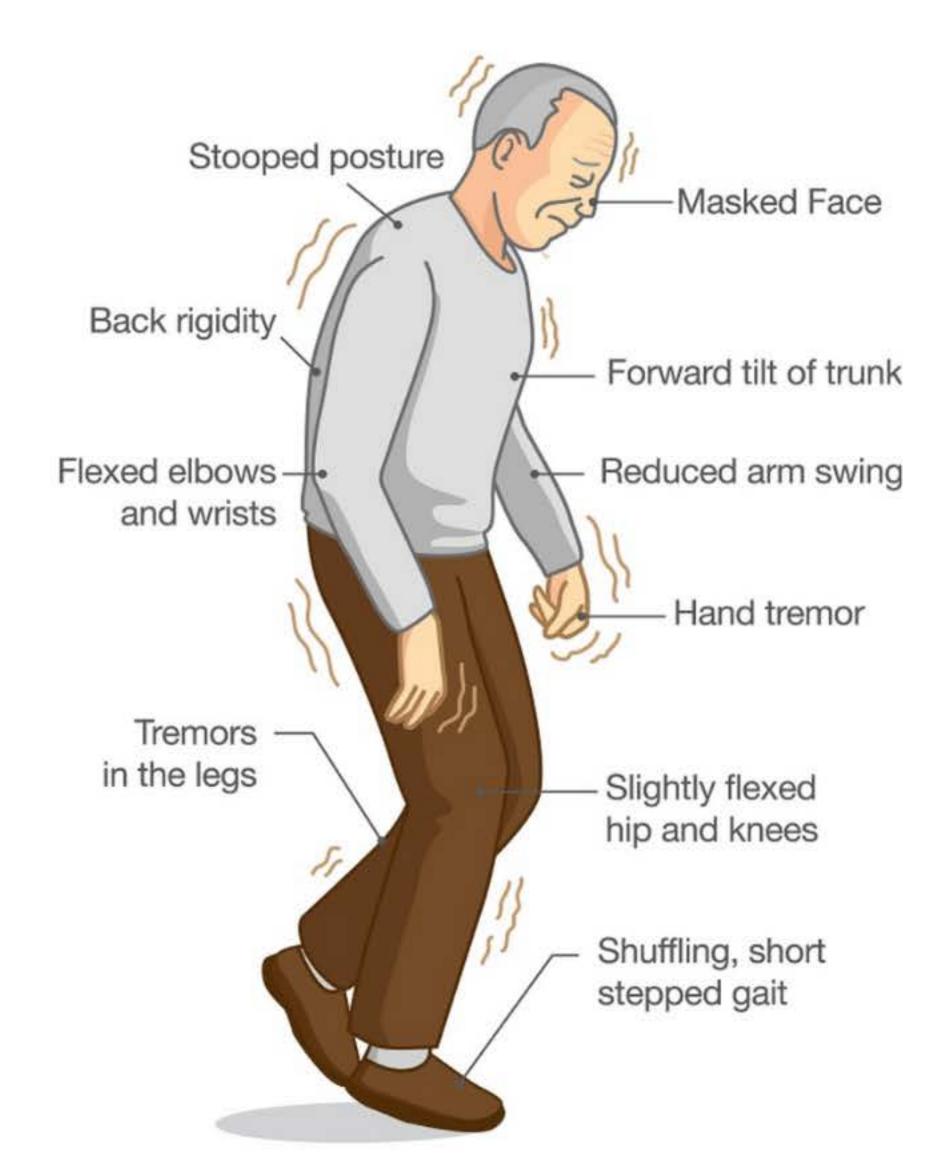


# Parkinson's is the fastest growing neurological disease in the world.





### Motor Symptoms of Parkinson's



- Posture
- (A) Akinesia
- Rigidity
- Tremors



#### Non- Motor Symptoms of Parkinson's



#### CENTRAL

- depression
- anxiety
- cognitive challenges
- dizziness/fainting



- LUNGS

   upper airway obstruction
- abnormalities of ventilatory control



#### MUSCULAR

- weakness
- aches



constipation



SKIN
• increased sweating



 forced closure of the eyelids (blepharospasm)



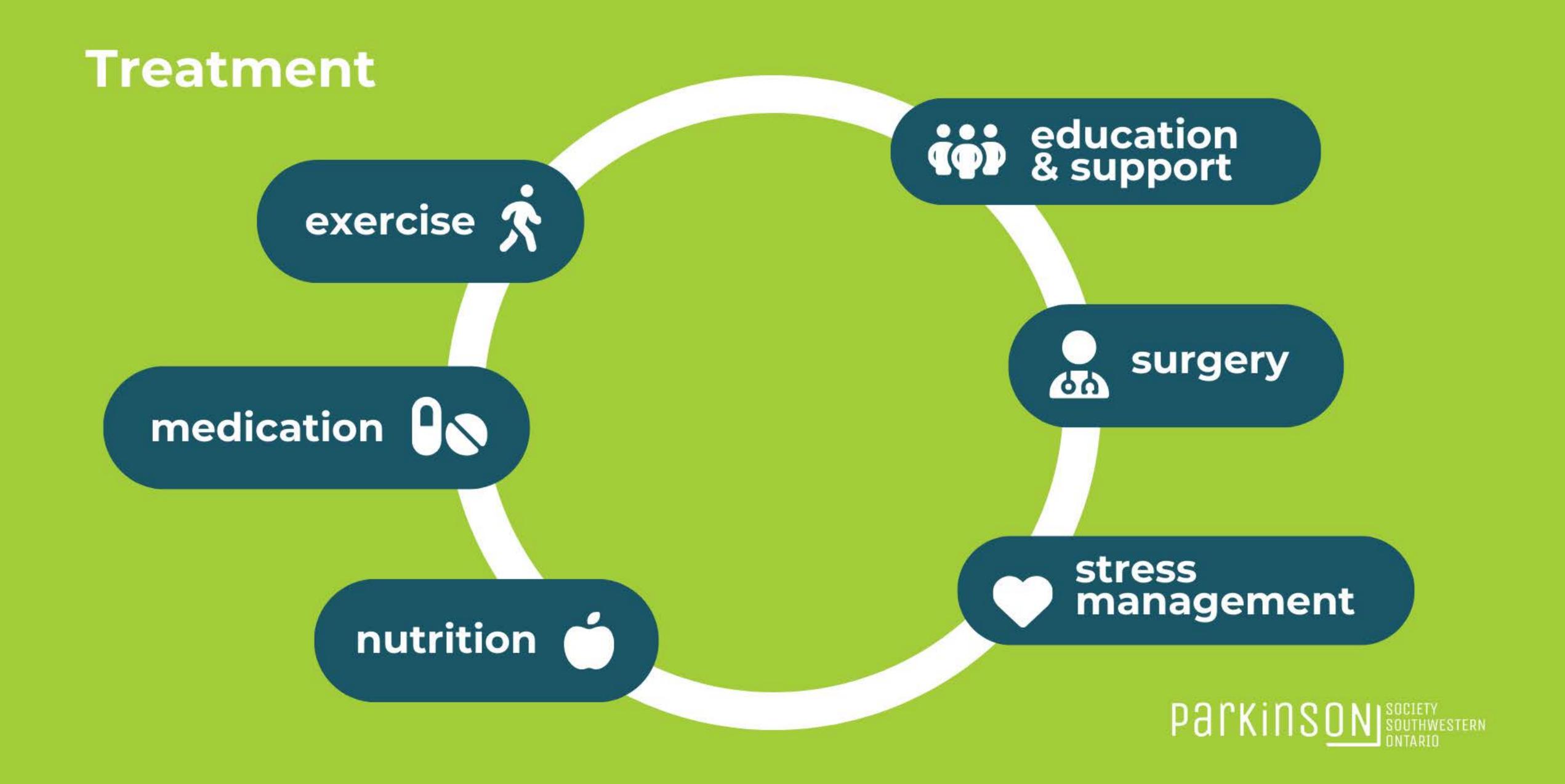
#### MOUTH

- difficulty speaking
- excessive salivation
- difficulty swallowing
- a soft or low voice



#### SYSTEMIC SYMPTOMS

- Tremor and slowness
- Impaired balance
- Small handwriting
- Sleepiness
- Trouble moving or walking
- Masked face



# About Parkinson Society Southwestern Ontario



### Parkinson Society Southwestern Ontario

#### MISSION

PSSO enhances the quality of life and care for people living with Parkinson's in Southwestern Ontario.

#### VISION

To reach every person in Southwestern Ontario affected by Parkinson's.









Counselling





Programs









Awareness



Counselling Partnerships



**Education** 



Programs









Awareness



Counselling Partnerships



**Education** 



Programs
Boxing
Dance









Awareness
Walk for PD
Parkinson's Day
Community events



Counselling
Partnerships



Education



Programs
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Counselling Partnerships



Education Conferences Workshops Webinars



Programs
Boxing
Dance







## \$10,702\*raised for Oxford County Walk!

\* number could rise by end-of-year



## Our community represents all of Southwestern Ontario

We serve in 15 unique and diverse regions





# People on the ground, local, to support you.





### Understanding more

We all need to grow in our knowledge of Parkinson's disease

- General public
- Family physicians
- Healthcare professionals
- Mental health
- Social workers



### Thank you

